



## ***What can you do?***

### **The 10 Commandments**

#### **The Ten Commandments of Off Road Riding**

- 1) Ride a machine that is appropriate for you size and skill. Follow the manufactures age restrictions.
- 2) Wear protective devices, especially a helmet, and clothing. Never ride double on a machine designed for one rider.
- 3) Do not drink alcohol or use drugs while riding.
- 4) Always practice care for the environment.
- 5) Know the machine before operating.
- 6) Complete a rider safety course.
- 7) Always directly supervise younger riders.
- 8) Always be courteous to others.
- 9) Ask permission before riding on another's land.
- 10) Obey the laws and rules of the trail.

Responsible Off Road Riders have rights, but also responsibilities.

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#### **Be a role model**

Signup as a member of the Nova Scotia Off Road Riders Association (NSORRA). Let your voice be heard!

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The Nova Scotia Off Road Riders Association (NSORRA) is a volunteer-driven non-profit organization formed to promote and represent the safe, family friendly and environmentally responsible sport of off-road motorcycling.

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